



# Make Your Own Mummy!

*Follow these simple instructions to mummify an orange!*

## Things you will need:

- ∩ An orange
- ∩ A knife
- ∩ A teaspoon
- ∩ Cloves
- ∩ Kitchen paper
- ∩ Enough salt to fill half your orange
- ∩ Enough bicarbonate of soda to fill half your orange
- ∩ A teaspoon of cinnamon
- ∩ Two plastic bowls
- ∩ 1–2 small rolls of bandage

## Method:

1. Make a slit in from the top to the bottom of your orange; you may need to ask an adult to help you. Make sure you don't cut your orange in half!
2. With your teaspoon, scoop out the inside of the orange into a bowl.
3. When you have removed all of the orange's insides, stuff it with kitchen paper to absorb any left over juice. Do this until the inside of your orange is completely dry and then remove the paper.
4. Next, put 2 cloves into your orange.
5. Spoon the salt, cinnamon and bicarbonate of soda into a bowl and mix it together. Spoon the mixture into the orange until it is full up.
6. Now it's time to wrap your mummy! Make sure the slit is pushed together and then start to wrap the bandage around the orange.
7. When your orange is completely covered with bandages, tuck the end in and make a knot to secure it.
8. Your mummy needs to be kept in a warm, dry place, such as an airing cupboard. It can take some time for mummification to work and so it may be a while before you see any results.
9. Check your orange every few weeks. You may need to tighten the bandages as your mummy will shrink
10. The skin of your mummified orange will become a darker colour and be harder – just like a real mummy!

